

Can we help?

Our team of expert professionals support palliative patients to live well and more independently.

We can help from day one. You can have our support from the point of diagnosis and we can provide specialist advice, even if you don't wish to receive treatment.

Our expert team delivers quality, compassionate care and emotional support. It is made up of doctors, palliative nurse specialists, nurses, healthcare assistants, complementary therapists, physio and occupational therapists, counsellors and family support workers.

*Supporting families
from Stafford and
surrounding areas*



katharine
house
hospice 

embracing life and living

Our care

We have a range of clinics to help you manage your condition including complementary therapy, physiotherapy, occupational therapy, lymphoedema care, counselling, spiritual care, family support and more.

When you are referred to us you will receive:



an assessment



tailored support from our highly skilled team of healthcare professionals.

We can provide virtual support and in certain instances, we can also provide home visits.

This could include:

- symptom management, including attending a six-week course on wellbeing, and our FAB course which covers fatigue, anxiety and breathlessness
- receiving complementary therapy - massage, aromatherapy and other treatments to help you relax and sleep better
- receiving occupational therapy which helps identify strengths and difficulties in life and provides activities and solutions to help alleviate some challenges
- receiving physical therapy to help with movement
- specialist advice and management for the effect of lymphoedema
- help with advance care planning - the opportunity for you to shape your care in the future, ensuring your wishes and needs are considered
- psychological and spiritual support including counselling for you and your loved ones
- space to get social or find some solace, with access to refreshments and our stunning, therapeutic gardens.

**We want to be there for every
family who needs our care**

Get referred for our care

Speak to your doctor or other healthcare professional about being referred to us.

WANT TO CHAT?

Ring our advice line.

We can answer enquiries and signpost you to specialist teams and other organisations who could help.

Call **01785 270832**, 24 hours a day, seven days a week.



katharine
house
hospice 

embracing life and living

E: PatientPathwayTeam@khospice.org.uk **W:** www.khospice.org.uk