

katharine  
house  
hospice



embracing life and living

**HERE  
FOR  
YOU**



Registered Charity No. 1011712

## Our care

At Katharine House Hospice we adopt a holistic approach to care, this means that we look at the whole person, including mental wellbeing and any social factors such as housing, money issues and family dynamics.

We provide support for all of your needs as well as the symptoms of your illness.



## Our care and support services

Our team of palliative healthcare professionals are here to provide you and your family with high quality advice, support and specialist care from day one of your diagnosis.

We have a range of services and clinics to help you manage your condition including complementary therapy, physiotherapy, occupational therapy, counselling, spiritual care, counselling and more.

There are courses to help you on topics such as wellbeing, fatigue, anxiety and breathlessness.

And we work with you on advance care planning -



*“What does Katharine House Hospice mean to me? It’s changed my life...”*

which is the opportunity for you to shape your care in the future, ensuring your wishes and needs are registered and actioned..

With coffee mornings, support groups and space to get social or find some solace, you can also access refreshments in our purpose built Therapy & Wellbeing Centre or our therapeutic gardens.

### ♥ **Therapy & wellbeing**

A range of clinics to help you manage your condition and your wellbeing.

### ♥ **Lymphoedema clinic**

Personalised treatment to help manage lymphoedema.

### ♥ **Palliative care nurses**

Nurse specialists providing care in-home and community care.

### ♥ **Hospice at Home**

Rapid response service for end-of-life support at home.

### ♥ **Staying with us**

Specialist clinical care, pain and symptom management, respite care and stays at our Stafford inpatient unit.

### ♥ **Family & carer support**

Support for those near and dear to you.



# Contact us

Ring our 24/7  
care advice line

**01785 270832**

Scan to find out how we can help

