



JOIN US



Do you have a palliative diagnosis?

We can help.

Our six-week courses are led by our expert team who can help you with symptom management.

Wellbeing and FAB (fatigue, anxiety and breathlessness)

You need to be referred by a healthcare provider



For more information call **01785 270832**



Where?

Therapy & Wellbeing Centre | Katharine House Hospice
Weston Road, Stafford; ST16 3SB